



Always Designing
for People®



We have
tools and
support
to make
your life
easier

LifeCare®

Enjoy more, worry less

Through your company's suite of ADP's Comprehensive HR products, you and your family have access to LifeCare, a Work-Life Employee Assistance Program (EAP).

LifeCare is here for you and offers an abundance of resources and guidance for your personal needs including parenting, senior care, wellness, home services, and legal and financial services. All of this is available 24 hours a day, 7 days a week! Here are just a few of the helpful services you can access through LifeCare:

Child care & Parenting

- Adoption
- Before-and after-school
- Child development
- Breast feeding resources
- Child care (centers,in-home, family & day care)
- Prenatal care
- Special needs education

Senior care & aging

- Care options
- Caregiving
- Medicare/Medicaid/ Social Security
- Health/safety
- Hospice services
- Meal delivery
- Respite care
- Transportation services
- In-home services

Emotional health

- Stress
- Domestic abuse
- Anxiety
- Divorce
- Substance abuse
- Family counseling
- Grief
- Depression

Health & Wellness

- Smoking cessation
- Safety
- Diet & nutrition
- Fitness
- Preventative care
- Sleep health

Legal & Financial

- Personal finance
- Real estate & loans
- Credit & debt
- Retirement planning
- Insurance

With ADP and LifeCare, you will also have access to thousands of FREE discounts:

- Computers and electronics
- Theme parks
- Flights, cruises, car rentals and hotels
- Gifts and retail shopping
- Work and family
- Audio books & magazines
- Child and elder care products
- Movie tickets
- Concerts
- And much more!

For more information for you and your employees, download these helpful materials:

- Overview/flyer
- Employer Frequently Asked Questions
- Manager Frequently Asked Questions
- LifeCare wallet card

Call toll-free, 24 hours a day

1-800-697-7315 (1-800-873-1322 TTY).

Please mention your affiliation with ADP.
Sign into LifeCare by visiting the My Tools Page and select LifeCare-Work/ Life, EAP, Discounts link.

A final note: neither LifeCare specialists nor the LifeCare website are intended to provide any user with specific authority, advice or recommendations. The information obtained through specialist assistance or the LifeCare web site is for informational purposes only. In all instances, users should verify all information received. All final decisions on the appropriateness of information, the quality of a product, or the qualifications of a service provider must be made by the user. Discount vendors shown here and on our website are subject to change without notice to you. We do not guarantee the inclusion of any particular discount or vendor on our site. We do not guarantee product availability or that the prices offered are the lowest available. We make no warranties, express or implied, regarding the products or services offered through the discount center.